



# Your mental health matters!

Join our Kinecting in Safe Spaces (K.I.S.S.) Employee Resource Group for its first Mental Health and Wellness Fair.



This event is free of charge. Come out for mental health and wellness resources, such as:

- Mini Fitness Bootcamp Session
- Health Screenings
- Line Dancing
- Healthy Snacks
- Mental Health & Wellness Lecture Series and Q&A
- Giveaways

Wednesday, June 28  
4 p.m. – 7 p.m.

Kinecta Campus  
2100 Park Pl., El Segundo



Scan QR code to RSVP, or visit  
[kinecta.org/WellnessFair2023](https://kinecta.org/WellnessFair2023)

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